

Howdy Parents;

We had another great weekend. Good weather, good snow, and lots of fun! It is hard to believe that the program is coming to an end. Seems that only a week ago we were breaking down the groups. You should be seeing the improvement in your child's skiing. More importantly, I hope that your children are excited enough to tell you about their exploration of the mountain.

We will be giving out Plaques & Certificates at the end of each session this weekend. A.M. Classes will be done at 12:00, and P.M. classes will be done at 3:30. This will happen in the courtyard in front of the Ski School locker room. We cannot mail these due to the weight.

The alpine skills focus was countering with the upper body. Proper countering allows the skier to better access the use of steering, pressure, and edging without using a lot of energy. With good countering we can guide our feet to manage the skills in much smaller movements, refining our control, and fine-tuning balance.

The Snowboard skills focus was to manage fore aft pressure, and control balance (neutral Stance) weather they are on the snow or in the air.

The freestyle teams focus was box slides. They slid at 90 degrees on the bamboo and 50/50 the boxes. Part of the day was focused on natural features all over the mountain.

Happy Trails, Curt