

Hello Training Team Parents,

I hope everyone has had a great three weeks! We had some technical issues and that is why the emails have not been sent out; but it has been fixed, and everyone should be getting the emails from here on out. If you are not, go to the RLM website, and go to the training team page and on the top of the page you can put your email information in to start receiving the emails.

If your children are getting hungry during class, please send them with a snack that they can munch on to tide them over till lunch or end of day.

Saturday training team will have their make-up on March 7th from the wind closure day. As a reminder, if you are going to miss a day and would like to make it up, please let me know when you are going to miss a day and when you would like to reschedule.

January 31st and February 1st we will be taking group photos so please attend the group and class photos.

If you have any questions, comments, or concerns please feel free to reach out to me at 406-446-2610 ext.203 or email at snowsuper@redlodgemountain.com

Thanks,

Declan Sielaff

Training Teams — Weeks 1–3 (Sat A.M.)

Week 1

Coach: Betsy Harris — Team: TBD

- **Terrain:** Groomed Greens
- **Skills:** Fore-aft athletic stance arms in front
- **Most Fun:** Human slalom
- **Students:** Crist, Grace; Hobbs, Alise; Moore, Liam; Patten, Olivia; Gardner, Evelyn; Lyngstad, Harrison;

Coach: Jon Carling — Team: TBD

- **Terrain:** Groomed Blues; Groomed Greens;
- **Skills:** Short radius turns, keeping body weight forward, hockey stops
- **Most Fun:** Human slalom working on medium arc turns
- **Students:** Moore, Liam; Lyngstad, Harrison; Hobbs, Alise; Patten, Olivia; Gardner, Evelyn; Erickson, Grace; Chipman, Warren;

Coach: Liv Cole — Team: Snowy Shredders

- **Terrain:** Groomed Greens; Groomed Blues;
- **Skills:** Hockey stops, parallel turns, skiing backwards, boxes, bunny hops

- **Most Fun:** Getting to know the kids and being loud!!!!
- **Students:** Chipman, June; Meirr, Marie;

Coach: Rigel Beasley — Team: The Blizzards

- **Terrain:** Groomed Greens;
- **Skills:** Railroad tracks, turns, and terrain
- **Most Fun:** The “Cat and mouse” game
- **Students:** Beddow, James; Noble, Esme; Noble, Freya; Slyngstad, Griffin;

Coach: Rigley Beals — Team: Snowcats

- **Terrain:** Groomed Greens;
- **Skills:** Getting comfortable skiing again, and learning about each other
- **Most Fun:** Meeting everyone and doing boxes on Miami
- **Students:** Martin, Anna; McNaught, Porter; Sevier Eleanor; Aberle, Jett;

Coach: Scott Pisle — Team: MINERS

- **Terrain:** Groomed Greens; Groomed Blues; Ungroomed Blues;
- **Skills:** Group Management and Skiers' responsibility code; we are the forefront of training. Some early discussions about static/dynamic skiing and how that affects balance. A few drills were used to begin emphasizing how terrain, speed, and surface conditions affect our skiing
- **Most Fun:** The kids enjoyed grinding the spine down the left side of Turnpike
- **Students:** Chipman, Warren; Hylland, Bennett; Ray, Sylvan; Sogaard, Clark; Rist, Grace;

Coach: Tyler Remington — Team: Buzz thru Drive thru

- **Terrain:** Groomed Greens
- **Skills:** Backwards skiing, traversing in parallel (train turns), group cohesion with games like human slalom, confidence building with runs like bobcat and upper turnpike
- **Most Fun:** Seemed to be human slalom where all kids got to introduce themselves and meet everyone on the team as they came down.
- **Students:** Bergman, Beau; Dallner, Bailey; Lyngstad, Sage

Week 2

Coach: Rigley Beals — Team: Snowcats

- **Terrain:** Groomed Greens
- **Skills:** Parallel skiing, hockey stops, various kinds of turns
- **Most Fun:** Doing whirlybirds on turnpike, and playing the game that you knock over the pole with hockey stops
- **Students:** Aberle, Jett; Dobmeier, Claire; Jackman, Sawyer; McNaught, Porter; Sevier, Eleanor

Coach: Liv — Team: Snowy Shredders

- **Terrain:** Groomed Greens

- **Skills:** parallel turns, breaking the pizza habit, introduction to pole planting, side slipping
- **Most Fun:** watching everyone transition to parallel turns and being loud at the end!
- **Students:** Boyce, Hallee; Chipman, June; Dobmeier, Elaine; Meier, Marie

Coach: Owen Wildin — Team: The Blizzards

- **Terrain:** Groomed Blues
- **Skills:** Being more confident and less scared to go fast
- **Most Fun:** Boxes
- **Students:** Slyngstad, Griffin

Coach: Scott Pisle — Team: Miners

- **Terrain:** Groomed Greens; Groomed Blues; Ungroomed Blues
- **Skills:** Pressure was the focus of the day. The drills to emphasize pressure on the outside "downhill" ski were Cadillacs and Camaros, slip and slide; Flamingo turns and spray the pole.
- **Most Fun:** The kids enjoy skiing fast on Bobcat.
- **Students:** Chipman, Warren; Crist, Grace; Fachner, Jaxon; Hylland, Bennett; Ray, Sylvan; Scherzer, Rowan; Sogaard, Clark
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Training Teams — Weeks 1–3 (Sat P.M.)

Week 1

Coach: Liv Cole — Team: Double Diamonds

Type of Terrain: Groomed Greens; Groomed Blues;

Skills Worked On: skiing backwards, jumps, boxes, parallel turns,

Most Fun: shredding it up with them and seeing their happiness on snow!

Students Instructed: Barnick, Lola; Ripley, Judge; Pihl Audrey; Hall, Connor; Tower, MacKenzie; Dean, Ella; Lachmund, Logan;

Coach: Rigel Beasley — Team: TBD

Type of Terrain: Ungroomed Blacks; Groomed Greens

Skills Worked On: Lapping royals

Most Fun: Lapping royals

Students Instructed: Weinreis, Koniah; Sogaard, Clark; Hall, Jack

Coach: Rigley Beals — Team: Willow Wonka's

Type of Terrain: Groomed Greens;

Skills Worked On: Learning people 's names and new things about them, and hockey stops.

Most Fun: Playing a few games on bobcat

Students Instructed: Arendt, Ash; Lachmund, Leif; Ripley, Ryett; Olsen, Holden;

Week 2

Coach: Rigley Beals — Team: Willow Wonka's

Type of Terrain: Groomed Greens

Skills Worked On: Various kinds of turns, balance, being in the front seat and pole placement, whirlybirds, and hockey stops.

Most Fun: How to ski on ice and learn everyone's favorite movie.

Students Instructed: Lachmund, Leif; Olsen, Holden; Ripley, Ryett

Week 3

Coach: Liv Cole — Team: Double Diamonds

Type of Terrain: Groomed Greens

Skills Worked On: going from a pizza to parallel turns, pole planting, side slipping, side stepping

Most Fun: making good parallel turns

Students Instructed: Barnick, Lola; Ripley, Judge; Tower, MacKenzie; Pihl Audrey; Lachmund, Logan; Hall, Connor

Coach: Owen — Team: Steezy slope slayers

Type of Terrain: Groomed Greens

Skills Worked On: One foot skiing, Whirlybirds, foot to foot pressure

Most Fun: One foot skiing

Students Instructed: Weinreis, Koniah; Lachmund, Layton; Hall, Jack; Sogaard, Clark

Training Teams – Weeks 1–3 (Sun A.M.)

Week 1

Girl power (powder) still not sure — Curtis

Terrain: Groomed Greens; Groomed Blues; Ungroomed Blues;

Skills Worked On: Balance, weight transfer, and short swing turns

Most Fun: Little silver, bumps

Students: Brand, Emery; Forte, Weezie; Hokenstad, Britta; Sasken, Ellie; Scharfe, Carolina; Tunning, Juliette; Volf, Kendall;

Snow Shredders — Cooper

Terrain: Groomed Greens

Skills Worked On: whirly birds and flamingo turns

Most Fun: Making a giant snow snake down Turnpike. and playing follow the leader.

Students: Albaugh, Beckett; Gumkelley, Selleck; Ferman, Ian; Sirek, Evelyn; Thompson, Henry; Knutson, Collins; Terry, Isabelle; Sasken, Ellie

Purple minions — Declan

Terrain: Groomed Greens; Ungroomed Blues;

Skills Worked On: Edge to edge change, 1 ski turns, whirly birds, intro to carving,

Most Fun: Carving down bobcat and 1 ski turns

Students: Albaugh, Trevor; Brand, Oliver; Hokenstad, Lukas; Knutson, Sawyer; Mainwaring, Charlotte; Jos, Miles; Picchioni, Clara; Sasken, Brody; Wood, Alan;

Slope Eaters — Elise

Terrain: Groomed Greens;

Skills Worked On: Pressuring downhill ski, side slips. Alternating pressure during turns, backwards skiing, adjusting foot pressure to turn backwards, then 180, 360 on snow.

Most Fun: Learning our group, team name and practicing skills

Students: Amundsen, Anders; Blakeslee, Anders; Forte, Maddie; Montgomery, Hailey; Montgomery, Reagan; Pape, Benjamin; Pedersen, Brooks; Picchioni, Violet; Volf, Bailey; Wood, Martin;

Snow Leopards — Lara Fox

Terrain: Groomed Greens

Skills Worked On: Foot to foot pressure changes through turns, edging, utilizing parallel skis between turns (starting wedge Christies)

Most Fun: “Head of the snake” follow the leader down turnpike

Students: Blakeslee, Margo; Ferman, Eva; Kirst, Mabel; Irek, Cece; Vafaie, Silas; Terry, Isabelle

The Ski Monkeys — Rigel Beasley

Terrain: Groomed Greens;

Skills Worked On: Parallel and new terrain

Most Fun: Cat and mouse game

Students: Amundsen, Anders; Bernhart, Evy; Gustafson, Scarlett; McKenzie, Carolyn; Scharfe, Paxton; Thompson, Samuel; Tunning, Davy;

Week 2

Girl power- powder — Curtis

Terrain: Groomed Greens

Skills Worked On: Edge management, proper boot fit

Most Fun: Crab walk

Students: Brand, Emery; Forte, Weezie; Hokenstad, Britta; Sasken, Ellie; Tunning, Juliette; Volf, Kendall; Irek, Evelyn

Slope eaters — Elise

Terrain: Groomed Greens

Skills Worked On: Side slip turns. One ski skiing, railroad track turns, changing radius of turns, park intro, whirly birds- with friends

Most Fun: Whirly birds with friends

Students: Amundsen, Anders; Forte, Maddie; Montgomery, Hailey; Montgomery, Reagan; Pape, Benjamin; Picchioni, Violet; Volf, Bailey; Wood, Martin; Ankney, Kaycee; Ankney, Karlee; Pedersen, Brooks

Snow leopards — Lara/ Owen N

Terrain: Groomed Greens

Skills Worked On: Boxes wedge christy

Most Fun: Boxes

Students: Amundsen, Ada; Blakeslee, Margo; Ferman, Eva; Kirst, Mabel; Irek, Cece; Terry, Isabelle; Vafaie, Silas

TBD — Owen Wildin

Terrain: Groomed Blues

Skills Worked On: Smooth parallel turns and hockey stop

Most Fun: Snowman turns down turnpike

Students: Albaugh, Beckett; Gumkelley, Selleck; Ferman, Ian; Sirek, Evelyn; Thompson, Henry; Knutson, Collins; Terry, Isabelle; Sasken, Ellie

Ski monkeys — Rigel Beasley

Terrain: Groomed Greens

Skills Worked On: Parallel, one footed, and backwards skiing

Most Fun: Snowball fight

Students: Amundsen, Anders; Tunning, Davy; Thompson, Samuel; Scharfe, Paxton; McKenzie, Carolyn; Gustafson, Scarlett

Purple Minions — Scott Pisle

Terrain: Groomed Blues; Ungroomed Blues; Groomed Greens

Skills Worked On: Balancing on our skis was the focus. Time was spent exploring the Static and Dynamic skiing that we experienced while skiing. I spent some time watching the tram ski to get a good idea of some areas of focus in the future. Next week we will be working on hand position and using our poles on easier terrain.

Most Fun: The team always enjoys a good Three Musketeers race.

Students: Brand, Oliver; Hokenstad, Lukas; Knutson, Sawyer; Mainwaring, Charlotte; Njos, Miles; Picchioni, Clara; Sasken, Brody; Wood, Alan; Albaugh, Trevor

Week 3

Girl power — Curt

Terrain: Groomed Greens; Groomed Blues; Ungroomed Blues

Skills Worked On: Always moving pressure to the downhill foot

Most Fun: Skiing in Hancock

Students: Brand, Emery; Forte, Weezie; Hokenstad, Britta; Sasken, Ellie; Irek, Evelyn; Tunning, Juliette; Volf, Kendall

Ice turners —Lara Fox

Terrain: Groomed Greens

Skills Worked On: Linked turns, parallel skis between turns, ski to ski pressure changes, completing turns

Most Fun: Watching the shiest of the team blossom with confidence

Students: Amundsen, Ada; Blakeslee, Margo; Ferman, Eva; Kirst, Mabel; Terry, Isabelle; Vafaie, Silas

Purple Minions — Scott Pisle

Terrain: Groomed Greens; Groomed Blues; Ungroomed Blues

Skills Worked On: The day started with working on pressure as the main focus. The first drill was Flamingo Turns followed by Slip and Slide, and the last drill was Cadillac and Camaros. The idea is to discover the different types of pressure movements a skier uses. Then it got cold and standing around trying to teach just makes us colder.

Most Fun: Rousing round of 4 musketeers and A set of Centipede on Miami

Students: Albaugh, Trevor; Brand, Oliver; Forte, Maddie; Hokenstad, Lukas; Knutson, Sawyer; Mainwaring, Charlotte; Njos, Miles; Picchioni, Clara; Sasken, Brody; Wood, Alan

Training Teams – Weeks 1–3 (Sunday P.M.)

Week 1

Coach: Elise — Team: Powder destroyers

Time: 2026-01-04 15:32:05 – 2026-01-04 15:34:30

- **Team Name:** Powder destroyers
- **Type of Terrain:** Groomed Greens;
- **Skills Worked On:** Side slips, weighting downhill ski, backwards skiing, whirly birds,
- **What was the most fun?:** Whirly birds!
- **Students Instructed:** Starosta, Konrad; Caldwell, Emma; Schneider, Claire;

Coach: Rigel Beasley — Team TBD

Time: 2026-01-05 11:32:24 – 2026-01-05 11:33:42

- **Team Name:** TBD
- **Type of Terrain:** Groomed Greens
- **Skills Worked On:** Parallel/skiing backwards
- **What was the most fun?:** One footed skiing
- **Students Instructed:** Berg, Jaxon; Huseth, William; Krause-Leach, Archer

Coach: Lara Fox —Team: Ice Turners

Time: 2026-01-05 12:33:20 – 2026-01-05 12:39:10

- **Team Name:** Ice Turners
- **Type of Terrain:** Groomed Greens
- **Skills Worked On:** Edging (crab walks) wedge Christie's, hockey stops, stork turns
- **What was the most fun:** Funnel turns show off alley
- **Students Instructed:** Blaylock, Knox; Brusven, Finley; Burfeind, Marias; Doucette, June; Garritson, Liam; Hill, Penelope

Week 2

Coach: Owen n —Team: Ice tracks

Time: 2026-01-11 15:50:33 – 2026-01-11 15:55:58

- **Team Name:** Ice tracks
- **Type of Terrain:** Groomed Greens
- **Skills Worked On:** Parallel turns
- **What was the most fun:** Boxes
- **Students Instructed:** Bell, Sutton; Burfeind, Marias; Garritson, Liam; Hill, Penelope; Starosta, Konrad; Schneider, Claire; Doucette, June; Brusven, Finley

Coach: Rigel Beasley —Team: Double blacks

Time: 2026-01-12 09:43:30 – 2026-01-12 09:44:49

- **Team Name:** Double blacks
- **Type of Terrain:** Groomed Greens
- **Skills Worked On:** Parallel and one footed
- **What was the most fun:** One footed skiing
- **Students Instructed:** Blaylock, Knox; Huseth, William; Krause-Leach, Archer; Leathers V, Lewis

Coach: Harmony — Team Girl Scout Crossover

Time: 2026-01-18 17:26:57 – 2026-01-18 17:28:22

- **Team Name:** Girl Scout Crossover
- **Type of Terrain:** Groomed Greens

- **Skills Worked On:** Keeping same front foot and getting to toes
- **What was the most fun:** Follow the leader

Week 3

Coach: Owen — Team Powder destroyers

Time: 2026-01-18 15:40:15 – 2026-01-18 15:41:45

- **Team Name:** Powder destroyers
- **Type of Terrain:** Groomed Greens
- **Skills Worked On:** Foot to foot pressure, Whirlybirds
- **What was the most fun: Staying** warm
- **Students Instructed:** Famighetti, Link; Hartman, Rowan; Schneider, Claire; Starosta, Konrad

Coach: Lara Fox — Team: Snow leopards

Time: 2026-01-22 09:14:27 – 2026-01-22 09:16:22

- **Team Name:** Snow leopards
- **Type of Terrain:** Groomed Greens
- **Skills Worked On:** Wedge Christie's, hockey stops, edging
- **What was the most fun: Follow** the leader funnel turns
- **Students Instructed:** Bell, Sutton; Brusven, Finley; Burfeind, Marias; Doucette, June; Garritson, Liam; Hartman, Iver; Hill, Penelope