

Hello Training Team Parents,

Week 4 is done for Saturday, and week 5 for Sunday. We have reached the halfway point of the season. I would like to thank everyone for keeping the stoke alive with these snow conditions. (please do your snow dances, we really need it)

As a reminder, next weekend, February 14<sup>th</sup> and 15<sup>th</sup> is presidents' weekend and there will be no training team.

This weekend is freestyle weekend. We will have our best freestyle instructors taking any training team students out and teaching them park safety, edict, SMART, and ATML. If there are students who are not interested in learning freestyle, they can continue with their teams to improve their skills.

If you have any questions, please contact me [snowsuper@redlodgemountain.com](mailto:snowsuper@redlodgemountain.com) or 406-446-2610 ext. 203.

Thanks,

Declan Sielaff

#### **Snowy Shredders — Liv Cole (Week 4)**

- Type of Terrain: Groomed Greens;
- Skills Worked On: thumper turns, flamingo turns, body positioning, inclination/angulation, parallel turns
- What was the most fun: seeing everyone parallel by the end of the day, next week we will be lazy M!!
- Students Instructed: Chipman, June; Dobmeier, Elaine; Meier, Marie;

#### **Double Diamonds — Liv Cole (Week 4)**

- Type of Terrain: Groomed Greens; Groomed Blues;
- Skills Worked On: thumper turns, flamingo turns, body positioning, inclination/angulation, parallel, going down a blue!
- What was the most fun: hitting our goal of going down Lazy M!
- Students Instructed: Barnick, Lola; Beasley, Zuri; Hall, Connor; Dean, Ella; Lachmund, Logan;

#### **Powder slayers — Owen (Week 4)**

- Type of Terrain: Groomed Greens; Ungroomed Blues; Groomed Blacks; Ungroomed Blacks;
- Skills Worked On: Parallel in moguls

- What was the most fun: Barriers
- Students Instructed: Starosta, Konrad; Schneider, Claire; Hartman, Rowan;

### **Miners — Scott (Week 4)**

- Type of Terrain: Groomed Greens; Groomed Blues; Ungroomed Blues;
- Skills Worked On: Edge Control was the focus. The drills we worked on to help identify how much edge control you need were 2-4-2, Crowd Pleaser, Old Trapper, and Railroad tracks
- What was the most fun: The team enjoyed skiing Royals

### **Blizzards — Owen Wildin (Week 4)**

- Type of Terrain: Ungroomed Blacks;
- Skills Worked On: Skiing moguls
- What was the most fun: Skiing royals and jumps in park
- Students Instructed: Beddow, James; Lyngstad, Griffin; Noble, Freya; Noble, Esme;

### **Snowcats — Rigley Beals (Week 4)**

- Type of Terrain: Groomed Greens;
- Skills Worked On: Skiing distinctive styles, body placement, and mirror skiing.
- What was the most fun: Skiing like each other and the snowman game
- Students Instructed: Aberle, Jett; Dobmeier, Claire; Sevier, Eleanor; McNaught, Porter; Martin, Anna;

### **Super rockstars — Betsy Harris (Week 4)**

- Type of Terrain: Groomed Blues;
- Skills Worked On: Edges! Side slips, hockey stops, crab walk garlands boxes
- What was the most fun: Boxes at the end we got to have Hazel teach us what cooler taught her.
- Students Instructed: Hobbs, Alise; Erickson, Grace; Patten, Olivia;

### **Willow Wonkas — Rigley Beals (Week 4)**

- Type of Terrain: Groomed Greens; Groomed Blacks; Groomed Blues;
- Skills Worked On: Skiing on ice, skiing different styles, hockey stops, and various kinds of turns.
- What was the most fun: Going on Lazy M and the Face of M
- Students Instructed: Arendt, Ash; Lachmund, Leif; Ripley, Ryett; Tower, MacKenzie; Ripley, Judge; Pihl Audrey;

### **American Snow Shredders — Jon Carling (Week 4)**

- Type of Terrain: Groomed Greens; Groomed Blues;
- Skills Worked On: Train tracks Hockey stops, whirly birds, one foot. turns slalom turns.
- What was the most fun: Whirly Birds & Hockey Stops  
Skiers are all using inside/outside edges when turning instead of inside/inside parallel most of the time instead of some of the time.
- Students Instructed: Scherzer, Rowan; Moore, Liam; Slyngstad, Harrison; Ray, Sylvan;

### **Steezy slope slayers — Curt (Week 4)**

- Type of Terrain: Groomed Greens; Groomed Blues; Ungroomed Blues; Groomed Blacks;
- Skills Worked On: How to ski through small trees, pivot slips in a corridor. And everyone needs to stand taller
- What was the most fun: Barriers, natural snow
- Students Instructed: Weinreis, Koniah; Sogaard, Clark; Hall, Jack; Lachmund, Layton;

### **Purple Minions — Scott (Week 5)**

- Type of Terrain: Groomed Greens; Groomed Blues; Ungroomed Blues;
- Skills Worked On: Edge Control was the focus for the day The team was divided into groups of three. Each group was given the task of providing a demonstration/drill that showed some type of Edge Control. The rest of the session the team explored how much Edge control changed because of terrain. Lots of discussion about what terrain requires more Edge control. It was a momentous day on snow.
- What was the most fun: Skiing fast and the two trips down Barriers
- Students Instructed: Albaugh, Trevor; Brand, Oliver; Knutson, Sawyer; Mainwaring, Charlotte; Njos, Miles; Sasken, Brody; Wood, Alan; Forte, Maddie; Caldwell, Emma;

### **Black Diamonds - Rigel Beasley (Week 5)**

- Terrain: Groomed Greens
- Skills: Parallel and getting comfortable on skis
- Fun: Skiing down Miami and doing the boxes at the sun kid
- Students: Berg, Jaxon; Huseth, William; Krause-Leach, Archer; Hartmen, Isla; Blaylock, Knox

### **The Ski Monkeys - Rigel Beasley (Week 5)**

- Terrain: Groomed Greens; Groomed Blues; Ungroomed Blues
- Skills: Parallel and moguls, tried out Lazy M and barriers

- Fun: Skiing down barriers
- Students: Gustafson, Scarlett; McKenzie, Carolyn; Scharfe, Paxton; Thompson, Samuel; Tunning, Davy; Bernhart, Evy

### **Ice turners — Lara Fox (Week 5)**

- Type of Terrain: Groomed Greens; Groomed Blues; Ungroomed Blues; Groomed Blacks;
- Skills Worked On: Stretching, stork turns, parallel skiing, hockey stops, beginning moguls, side slipping,
- What was the most fun: Lazy m, barriers, face of m
- Students Instructed: Brusven, Finley; Burfeind, Marias; Doucette, June; Garritson, Liam; Hill, Penelope; Hartmen, Iver;

### **Snow Leopards — Lara Fox (Week 5)**

- Type of Terrain: Groomed Greens; Groomed Blues;
- Skills Worked On: Hockey stops, edge control, wedge Christie's, overcoming fear / self-pep talks
- What was the most fun: Getting everyone to crab walk
- Students Instructed: Blakeslee, Margo; Ferman, Eva; Kirst, Mabel; Sirek, Cece; Amundsen, Ada;

### **Girl powder — Curt (Week 5)**

- Type of Terrain: Groomed Greens; Groomed Blues; Ungroomed Blues; Groomed Blacks;
- Skills Worked On: Hands in front, skiing in small trees, and standing taller
- What was the most fun: Royals
- Students Instructed: Brand, Emery; Forte, Weezie; Hokenstad, Britta; Sasken, Ellie; Scharfe, Carolina; Tunning, Juliette; Sirek, Evelyn;

### **Girl Scout Crossover — Harmony Moran (Week 5)**

- Type of Terrain: Groomed Greens; Groomed Blues;
- Skills Worked On: Toe turns and getting comfortable with being fore
- What was the most fun: We got to hit the park a little & sing Girl Scout songs
- Students Instructed: Hannah Skender;

### **Snow Sharks - Cooper**

- Team Name: Snow Sharks

- Type of Terrain: Groomed Greens; Groomed Blues
- Skills Worked On: Pivot slips using upper and lower body separation. Leading into sliding sideways on boxes and shifty's in the air.
- What was the most fun: Doing shimmies on boxes and hitting the jumps, doing spread eagles and shifty's.
- Students Instructed: Barnick, Ethan; Beasley, Hazel; Brindle, Lukas; Brindle, Sam; Jeter, Will