

Howdy Parents,

What a difference a week makes! Thirty degrees above zero is far more conducive to skiing and snowboarding than 30 degrees below zero. The teams are starting to come together, but we will inevitably have a few more kids move from team to team as we find the exact best fit for them.

Our head coach Curt Sielaff is out this week for jury duty, so I'll summarize what each group did this week using information submitted by all our coaches. Feel free to reach out to us any time about all things skiing or snowboarding at 446-2610 extension 203 (Curt) or extension 300 (me) or at our emails, snowsuper@redlodgemountain.com or ckruckeberg@redlodgemountain.com.

See you on snow,

Chris Kruckeberg

Without further ado:

Saturday AM Teams

The **Snow Angels** skied with Patty and worked both on and off piste. They worked on one-legged skiing and balance in the bumps. Their favorite run was Bear Paw.

The **Furry Polar Bears** skied with Ryan and worked on mostly groomed terrain. They practiced wedge Christy turns and how to turn on steeper terrain.

The **Mac and Skis** skied with Lee, who was filling in for Declan. They worked on fan turns, wedge christies, one-ski turns, and the skier responsibility code. Their favorite was a foray into Drifters for a small bump challenge.

The **Snow Dolphins** skied with Stewart, who was filling in for Owen. They worked on hockey stops, balance, consistent turn shape, and some bumps on the lower mountain. Their favorite was the bumps under Willow Chair with controlled turns.

The **Shredders** skied with Scott, and it appears they skied just about every run that was open. They worked on weighting the outside ski, one-footed skiing, and jumps in the moguls to a balanced landing. Their favorite runs were the blacks off the summit.

The **Powder Jaguars** skied with Karen and skied off the Stache and Willow lifts. They worked on transitioning wedge turns to christies, and multiple turn shapes. They spent some time considering the use of, and pros and cons of, ski poles.

Saturday PM Teams

The **Black Shepherds** skied with Patty and worked on stopping across the hill, thumpers, and wedge christies on lower mountain terrain. Their favorite was jumping while skiing Turnpike.

The **Penguin Shredders** skied with Betsy and worked on short radius turns in the bumps, edge control, hands forward, and closing body angles using both green and blue terrain. Their favorite was skiing Lazy M.

The **Phantom Spiders** skied with Lee and worked on stopping using a sideslope, barnyard slalom, wedge christies, and reading and obeying mountain safety signs. Their favorite was skiing slalom making animal sounds.

The **Three Musketeers** skied with Scott and spent their time exploring how balance changes as terrain changes using a wide variety of ski runs. Their favorite was skiing black runs.

The **Unnamed Freestyle Team** rode with Chris, and used the lower mountain terrain to explore boxes, basic airs, the ATML model, and body balance. Their favorite was hitting the new jump.

The **Dragon Shredders** rode with Leo, and used primarily park or freestyle terrain to explore 50-50's on boxes, and how speed and pop affect movements.

Sunday AM Teams

The **Snow Skiers** skied with Richard and used green terrain on the lower mountain to explore balance on skis. Their favorite was Turnpike.

The **Arctic Foxes** skied with Ryan and explored steeper or moguled terrain, working on speed control and multiple turn shapes.

The **Gucci Powder Gang** skied with Eden and used front-side groomed terrain to work on side slips, falling leaf, uniform turn shape, backwards skiing and synchro skiing. Their favorite was backwards skiing.

The **Team That Skied With Owen** looks like they had a good time. I honestly can't read Owen's handwriting. It looks like they skied the Miami and Willow chairs, working on more parallel turns, hockey stops, and bumps. Their favorite appears to have been the bumps on Silver.

The **Super Snow Shredders** skied with Ben and skied blue and green terrain on and off piste. They worked on parallel switch skiing, whirlybirds, jump turns, the philosophy of

freeskiing, and preparing to ride the Grizzly chair and ski Lazy M. Their favorite was the moguls, earning a free run, and whirlybirds.

The **Pioneers** skied with Grace, and used blue and green terrain on and of piste, and a black groomed run. They worked on balance, one-ski turns, hop turns, and stork turns, Their favorite was skiing Lower Limited.

The **Titan Musketeers** skied with Scott and skied most of what was open on the mountain. They revisited the skier responsibility code, and most of the physical work revolved around projecting weight to the outside ski in different terrain. Their favorite was Drifter.

Sunday PM Teams

The **Powder Powers** skied with Ben and used lower mountain terrain to work on parallel skiing, and emergency stop, a hockey stop, backwards skiing, and sideslips. Their favorite was jumps.

The **Polar Pinguins** skied with Richard, and used lower mountain terrain to work on balance and edging. They also talked about chairlift safety, where to go on a mountain if you get lost, and what the different parts of the ski are for. Their favorite was the “deep snow” on the sides of Turnpike.

The **Powder Shredders** skied with Scott, and skied from green to black. They worked on one-footed turns, and used a variety of drills and games to emphasize weighting the outside ski. Their favorite was “bear relay” on Drifter.