

Dear 2023 Training Team Parents,

Welcome to Red Lodge Mountain's Training Team. This development program has been a favorite of students, parents, and coaches alike for many years, and we intend to keep its spirit alive for many more years to come. At its essence, Training Team is a physical and mental coaching program through which young people build lifelong snowsports skills. We strongly believe that there is no better program. In addition, our professional, nationally certified instructors serve as positive role models for your children.

Weekly training focuses on the physical fundamentals of skiing and snowboarding, and the core values of our snowsports school: safety, fun, and learning. We apply these skills to all-mountain terrain, including off-piste. We work diligently with your child to help him or her become a true all-mountain skier or rider.

Included in this email is the needed information for the upcoming Training Team year. If you should have special concerns or questions, please do not hesitate to ask me or any of the Training Team coaches. Thank you for enrolling your child in Training Team.

See you on snow,
Chris Kruckeberg
Snowsports Manager

Training Team Mission:

The Red Lodge Mountain Training Team teaches strong snowsports fundamentals while improving athletic condition and confidence through hard work and a passion for the sport. It encourages positive social development and sportsmanship while promoting awareness of mountain safety and etiquette.

What If:

* Your child is going to miss a training day? Please call the Snowsports School so the group will not be delayed waiting for your arrival. 406-446-2610 ext. 202

* A child becomes separated from their group? Anyone who becomes separated from their class goes to the morning meeting area. (Miami Beach Yurt)

* You are late for the lesson? Take your child to the Base Learning Area by the Magic Carpet. Snowsports staff will attempt to locate your group.

Lift Tickets and Rentals

Lift Tickets and rental equipment are **not** included in the Training Team program. We recommend getting a season pass for your child.

Schedule:

Morning groups meet @ 9:30 a.m. in the Yurt and finish at noon.

Afternoon groups meet @ 1:00 p.m. in the Yurt, and finish at 3:30 p.m.

Please be on time. Groups leave as soon as the class arrives and will wait no longer than 15 minutes.

No training President's Day Weekend, Feb. 18 and 19.

Cold Weather Safety:

Appropriately dress your children according to weather conditions. Skiers and riders who are cold cannot learn at their optimum level. If coaches determine that a child is not dressed for the weather conditions, they will attempt to locate the parent and release the child for the day.

Attendance:

Training Team emphasizes teaching progressions of snowsports fundamentals. To maintain lesson cohesiveness and continuity this requires regular and consistent attendance.

Group Assignments:

Based on the following criteria, participants will be assigned a group:

- * Skill development
- * Leadership and sportsmanship
- * Attentiveness and group participation
- * Intensity and endurance

Parent's Meeting:

This year we will be meeting in the Yurt on the top of the Miami lift at 9:30 a.m. for the morning classes and at 1:00 for the afternoon classes. That means that your child needs to be on the Miami Lift no later than 9:15 a.m. for the morning session and 12:45 p.m. for the afternoon session. We will be sending the kids out right away to break them into groups, so that they do not have to sit around listening to me talk. The parents meeting will happen right after we get the kids out on snow. The parents meeting is not mandatory but will give you an overview of how we operate. If you have any questions, or you do not ski or snowboard yourself and are therefore unable to come to the meeting at the Yurt, feel free to contact us at snowsuper@redlodgemountain.com, or 406-446-2610 ext. 203.